

*A giant,*  
**but very fragile.**

On the striking walls of the Los Gigantes cliffs, live a splendid array of creatures, but they are also very delicate and suffer serious threats. Together with the Osprey, the giant lizard of Tenerife also lives here, the Barbary falcon, the Limonium spectabile and other species of great value. For this reason, they form part of the Teno Rural Park, included in the Canarian Network of Protected Natural Spaces and in the European Natura 2000 network.

In order to make use and enjoyment of the area compatible with conservation, above all in the especially fragile areas, a number of limitations have been set up that you should know and respect:

- It is forbidden to camp.
- Access is restricted to much of the coast.
- Canyoning is limited in this area and authorisation is required.
- The use of drones or other aircraft is not permitted.

In this way, on your next visit, the life on the cliffs will still be here to bid you welcome!



**If you have any questions  
before you carry out any activity,  
inform yourself at**

**Office of the Teno Rural Park**  
922 447 970  
tenoparque@tenerife.es

**Los Gigantes Tourist  
Information Bureau**  
922 868 186  
turismo@santiagodelteide.es

**Buenavista Tourist  
Information Bureau**  
922 128 080  
turismo@buenavistadelnorte.com

**Tenerife Tourism Corporation**  
www.webtenerife.com



If you observe any illegal act, please contact the  
Environmental Agents in the Teno Rural Park.

☎ 922 447 970 ✉ agentesteno@tenerife.es ☎ 660 738 697

Further information



**TENERIFE**  
100% VIDA



Oficina de Gestión  
Parque Rural de Teno

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# The Osprey



**PLEASE,  
DO NOT  
DISTURB**  
between  
**February  
and August**

## *The Canaries' first fisherman* needs your help.

The Osprey, known locally as Guincho, is one of our most emblematic birds of prey. It is a natural master in the art of fishing.

Over the last few decades, the population has dropped dramatically in size. Therefore, in the Canary Islands it is currently considered an endangered species. On Tenerife, they only breed on these cliffs, a spectacular location which daily attracts hundreds of people.

This large number of visitors is causing disturbance, especially during the breeding period, giving rise to abandonment of nests and loss of eggs.



*Do not let your curiosity  
get the better of you  
and become a threat  
to yourself and the cliff habitat.*

- From February to August keep a minimum distance of 250m from the coast. Avoid mooring in the bays or at the base of the cliffs. This is only allowed at Masca Bay.
- Bear in mind that loud music, loudspeakers or motors are very disturbing to the local fauna.
- There are no safe paths on the cliffs and in their close environment. Use the official network of footpaths of the Teno Rural Park for hill-walking.
- Do not leave any litter or food for cats or seagulls. They are both a serious danger to other local species.
- Always follow the instructions from the Authority agents.

Punta de Teno

Teno Alto

El Palmar

Las Portelas

Las Lagunetas

Los Carrizales

Masca

El Carrizal Bay

Juan López Bay

Masca Beach

Barranco Seco Bay

Widened area

Los Guíos Beach

Los Gigantes

● Especially fragile areas